

# SOFIA NEWS AGENCY

www.novinite.com

Fri 19 May 2006 | USD 1.531940 ▲ | EUR 1.955830 = | Subscribed: 1534 | Online: 243

Login · Register

username



SNA SNA Forum

Sofia Morning News  
Bulgaria's Daily Newspaper

Subscribe | Sample issue

- Home page
- In Pictures
- Business
- Politics
- On EU Doorstep
- Crime
- World
- Lifestyle
- Sports
- People
- Photo Story
- Views & Records
- Horoscope
- Smile for a While
- Exclusive
- Press Corner
- Forum
- Photo Service

## Health: Movies Therapy

Weekend Guide: 19 May 2006, Friday.

The healing power of films has been winning more and more supporters around Europe.

Movie therapy created by London-based psychotherapist Berny Wooder is moving into the mainstream.

For more than a decade he has been prescribing films to help alleviate his clients' emotional troubles.

At the Baftas awarding ceremony held last month, film producer Lord Puttnam made a moving speech as he collected his Fellowship Award. In it, he spoke about the power of films to heal, and cited a scene from The Sixth Sense that had helped him come to terms with the death of his father.

On its deepest level, movie therapy involves encouraging individuals to talk about what films say to them, in terms of the plot, music or even a glance one character gives another.

Click here to receive realtime news about this topic in the future.

[post your opinion](#) | [all opinions](#) | [save](#) | [print](#) | [send](#) |

### See latest from Weekend Guide:

- Forks&Corks: Grilled Oysters
- Pets: Dolphins "Name" Each Other
- Science: Plankton Foresee Quakes
- Forks&Corks: Strawberry Clouds
- Forks and Corks: Cheesy Catfish
- Health: British Woman Pregnant at 63
- Science: Mysterious Comet Nears Earth
- Fashion: Summer 2006 Make-up
- Study: Sexy Women Make Men Stupid
- Forks and Corks: Easter Breakfast Casserole
- Forks&Corks: Potatoes with Garlic, Lemon, Oregano
- Science: Mars Reveals "Smiley Face"
- Forks&Corks: Apple Cookie Cake
- Fashion: Bikini Revels Half-Centenary on Top
- Health: Smoking May See EU-wide Ban

» [More from Weekend Guide](#)

### » TOP NEWS

- Bulgaria, Romania "Most Corrupt, Poor" Countries to Join EU Ever
- EU to "Postpone" Bulgaria's Entry to 2008 in the Autumn
- Vatican Marks 25 Years since Papal Shooting
- USA Today: Go to Bulgaria, It is Cheap
- Indonesia's Merapi Volcano Erupts



» [SNA Archive:](#)

Day  Month   
Year

### Poll

Should a safeguard clause in EC report be followed by some ministers' resignations?  
 No, it is unwise, may bring instability  
 Yes, ministers in the problematic fields should be held responsible  
 Makes no difference  
Vote | [Results](#)  
Other: [share in the forum](#)

Ads by Google

## Bulgaria Car Hire

30 locations - business or leisure  
Discounts to regular customers

www.Rentomobile.com

Advertise on this site

Ads by Google

- Indie Films
- Foreign Films
- Short Films
- Arthouse Films

novinite.com Forum Google Tourism Business MobileBulgaria

