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Gene Burns
KGO Guests



NEWS TALK 3/30/2005

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PROGRAM SUMMARIES

JOANIE GREGGAINS SHOW

8:00AM~

Joanie and Jennifer Hodges spoke of the fittest and fattest cities in our country after a news report. According to *Men's Fitness Magazine* Seattle, Washington is our fittest city and taking the number one spot for fattest is Houston, Texas. For a complete list click [here](#).

Joanie spoke with author of : E-Motion Picture Magic, **Birgit Wolz**, Ph.D. She is a psychotherapist whose love for motion pictures led her to a psychotherapy practice using the power of movies as an adjunct to traditional therapeutic methods in her work with individual clients, couples, and groups. Cinema therapy offers more perspective on life, prompting the viewer to step back from his or her problems in order to feel less insecure, worried, or discontented. Using films for self-improvement allows a shift in perspective when viewed with conscious awareness. For more information and a schedule of Birgit Wolz appearances, please click [here](#).

9:00AM~

Mary Eberstadt, a research fellow at the Hoover Institute at Stanford University, spoke with Joanie in regards to her new book; *Home Alone America: The Hidden Toll of Day Care, Behavioral Drugs, and Other Parent Substitutes*. It is a book that issues a radical challenge to the way America's kids are being raised. It is a refreshing and honest look at one of the biggest problems we face as a nation today. Please call 1-800-801-BOOK or click [here](#) for more information.

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