

Dr. Fuat Ulus

at

ITAA - Montreal, Canada - August 9-16, 2010 Centenary
Conference Page

Report:

I presented my previous experience... Female inmates, close-ended group movie therapy, eight sessions, six prisoners, myself and a psychologist along with a nurse practitioner. The theme was centered on "problem solving," within the perspective of reducing recidivism, paroled & probated prisoners violating their status in the community hence returning back to the jail!

I used Transactional Analysis [TA] principles, i.e., law enforcement-courts-prison being a triumvirate, depicting "punishing parent" and inmates reacting "children & adolescents." We reviewed "adult" problem solving options and discussed SPAN education - using positive & productive defense mechanisms of Sublimation, Psychodrama, Altruism and Neutralization - presenting commercial movie vignettes for each such as "What's Cooking?" "Immortal Beloved," "Ambulance Girl" and "Sudden Impact." We discussed the hero's or heroine's options, his/her rationale for choosing the action to avoid vicious circles between "negative parent" and "negative child & adolescent!"

Each session was terminated once the inmates filled their forms reflecting their experiences in the session as well as the therapists completed theirs to document diagnostic-therapeutic-prognostic suggestions, keeping these in the inmates' charts.