



REEL TO REAL THERAPY:

THERAPEUTIC BENEFITS OF INTEGRATING CINEMATHERAPY INTO
PSYCHOTHERAPY/COUNSELING OF BEREAVED

**Presenter: Margie Grebin, MS, LMFT, CT
Grief Specialist and Certified Thanatologist**

Thursday, September 11, 2014

12:00 pm Registration and Lunch

12:30 pm – 4:00 pm Presentation/Film/Processing

Continuing Education Presentation

3.5 CEU's - \$35 (includes lunch)

Graduate Students (No CEU's) - \$25

Payment: Cash or Check

Vitas Auditorium and Conference Center

One Senior Place

715 Douglas Avenue

Altamonte Springs, FL 32714

Register by Monday, September 8, 2014

By calling (407)949-6733

Cinematherapy is a therapeutic technique in which a selected commercial film is viewed by a client to encourage the individual to explore and address their challenges. Through dialogue with the therapist they can gain insight, validation, and select alternative solutions to their presenting problems. The showcased film, "Project Rebirth," is a documentary filmed in the years following the New York Trade Center disaster. It highlights the physical and emotional healing process involved in lives of those affected by the aftermath of this tragedy. The site for "Project Rebirth" describes it as a "resilience resource for all who serve community & country." www.projectrebirth.org

Objectives:

- **Comprehend the foundational framework for clinical application of cinematherapy and its use with bereaved.**
- **Identify the benefits/ strengths and the role positive psychology plays in the integration of cinematherapy in the therapeutic process.**
- **Understand steps used to integrate and follow-up with clients in the cinematherapy experience and processing.**
- **Through experiential participation, gain an understanding of how the active involvement in dialoguing on the film's content following the film can bring conscious awareness of the transformational benefits film can bring.**

