



## REEL TO REAL MOVIE GROUPS

Watch and Discuss Movies for Personal Growth

**Topics:** **GRIEF GROUP:** *Thursdays, September 17 to October 22*  
**RELATIONSHIPS GROUP:** *Mondays, Sept. 21 to Oct. 26*  
(6 weekly meetings from 7-9 pm)

**Process:** Watch main stream/independent films and film clips followed by a group discussion

**Location:** 360 North Caswell Road (Elizabeth Neighborhood)

**Cost:** \$250 per group

### Objectives:

- Learn what your reactions to the films say about the issues
- Transform insights into behavior changes
- Identify what you are doing that already works
- Meet and learn from others who have a similar interest in the topic and a love of films

**Facilitator:** Michael Kahn, LPC, JD  
Psychotherapist/Life Coach

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**SUCK THE MARROW OUT OF LIFE** Dead Poet's Society

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